

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## **Ilse De Villiers**

Has successfully participated & completed the

Solo Bull Cowhouse Cross Duathlon 2017 #4

held at Cowhouse Market.

**TIME** 03:15:37

**PACE** 06:43/km

OVERALL 35 of 40

06 August 2017, Sun

Date

**GENDER** 7 of 9

**50 - 59** 2 of 3

